Innovation of College English Teaching Mode under the Background of "New Liberal Arts"

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Abstract: CET(College English teaching) under the background of "new liberal arts" is not simply the overlapping of subject knowledge, but the organic integration of subject knowledge, so that language teaching can serve students' professional ability. Under the background of "new liberal arts", CET should change the previous teaching methods based on tools and practice, and make CET an indispensable part in the era of globalization. In the traditional CET, "tools" and "humanities" are not organically combined, which leads to the contradiction between "tools" and "humanities" in CET. Teachers and students often explain words and phrases and use them in exams, which ignores the cultivation of students' language application ability and the humanity as an important position for educating students. This paper discusses the innovation of CET mode from the perspectives of "new liberal arts" construction, innovation of teaching concept, curriculum setting, innovation of teaching methods and innovation of teaching assessment.

1. Introduction

At present, in the reform of CET(College English teaching) mode, the prominent problems are mainly the lack of advanced cognitive concepts, the lack of integration of teaching content and the lack of innovation in teaching methods. Facing the changing tide of higher education in the world, higher education in China is taking active actions [1]. In the 21st century, on a global scale, the pursuit of CET quality has become a new trend in the development of global higher education [2]. In the environment of humanities, CET should not only cultivate high-quality, high-quality and high-level compound talents, but also strengthen the study of students' professional literacy and humanistic literacy.

The "new liberal arts" is the product of the new era. Compared with the traditional liberal arts, it is a comprehensive and interdisciplinary way of learning by integrating new technologies into philosophy, literature, language and other disciplines. Therefore, in the context of "new liberal arts", it has become a top priority to explore the new model of CET.

2. Requirements of "new liberal arts" construction for CET

Under the background of "new liberal arts", the application of interdisciplinary talent training mode is an important foundation and guarantee to promote the internationalization of talents, and it can also really adapt to the requirements of multinational enterprises for comprehensive professionals under the background of current economic globalization [3-4]. CET under the background of "new liberal arts" is not simply the overlapping of subject knowledge, but the organic integration of subject knowledge, so that language teaching can serve students' professional ability. CET should cultivate a group of high-quality talents who can skillfully use English. College English is both humanistic and instrumental, which should promote the all-round development of students' morality, intelligence, physique and beauty, and expand their English learning connotation. In the process of teaching, we should make full use of the teaching means of information technology, so that classroom teaching and autonomous learning can be better integrated. At the same time, we should expand interactive, open and mobile teaching channels, so that students can carry out personalized learning in a multi-modal environment.

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3. Typical problems in CET mode

3.1. Cognitive concept is not advanced enough

In traditional English teaching in colleges and universities, teachers' educational philosophy pays more attention to the accumulation and memory of knowledge, while the application of knowledge is only involved in a simple way, and the degree of attention is not enough [5]. Some English teachers have a one-sided understanding of teaching achievements, and think that good examination results and high employment rate are the most important teaching achievements, while students' performance in other aspects is not important [6]. Achievement and employment are important, but they are only a part of teaching achievements. With the continuous promotion of the concept of quality education, it puts forward that talents should develop in an all-round and three-dimensional way, rather than pursuing the good results of a certain major excessively. The above phenomenon shows that college English teachers need to make further progress in their cognitive concepts.

3.2. Single teaching method

Under the background of internet plus, this English model has tended to be diversified. No matter in teaching methods, curriculum design or courseware compilation, students are the main body, focusing on mobilizing students' autonomous learning ability, and teachers should guide them appropriately. In English classroom teaching, the combination of monotonous explanation, question and answer and teaching is the main teaching method at present, and spoon-feeding and irrigation teaching are also the main modes for teachers to control the classroom [7]. This kind of ineffective question-and-answer can not focus on improving college students' language ability. Therefore, in addition to improving teaching methods, university teachers should also break the problem of "slam" classroom teaching and give more value and significance to question-and-answer classroom teaching [8].

3.3. Lack of innovation in target positioning

Under the background of "new liberal arts", CET should change the previous teaching methods based on tools and practice, and make CET an indispensable part in the era of globalization. At present, many CET exams in China are in a marginal position, but the credit rate of college English is declining, which affects students' interest in CET. In the environment of "new liberal arts", we should combine the educational concept of "people-oriented" with the teaching concept of "people-oriented" in order to cultivate applied talents of "replacing people with things". However, at present, many CET tests only focus on the test of foreign language proficiency, and are not closely integrated with majors, which can not meet the needs of national strategic development, and can not meet the needs of regional economic development for talents. In the traditional CET model, "tools" and "humanities" are not organically combined, which leads to the contradiction between "tools" and "humanities" in CET. Teachers and students often explain words and phrases and their application in exams, ignoring the cultivation of students' language application ability and the humanistic factors inside and outside the classroom as an important position for educating people, so they can't show their vitality inside and outside the classroom.

4. Innovation of CET mode under the background of "new liberal arts"

4.1. Innovative cognitive concept

Combined with the background of "new liberal arts", college English teachers should conscientiously implement the concept of all-round education and coordinated education, and reunderstand what teaching results are [9]. According to the connotation of "new liberal arts", college English teachers should define "talents" scientifically. That is, contemporary talents should not only abide by discipline and inherit tradition, but also dare to pursue innovative development and personalized development, not stick to objective conditions and traditional thinking, and make progress with the times. The construction of "new liberal arts" oriented by interdisciplinary and knowledge integration must improve the political position, broaden the development horizon, and

strive to cultivate the compound talents urgently needed by the country in the future, thus providing new impetus for the new era and new development. In teaching, we should integrate the concept of "new liberal arts".

4.2. Innovating English curriculum

Compared with traditional liberal arts, "new liberal arts" not only has some original features of humanities, but also has many new features, such as integration, innovation, breakthrough and strategy. According to the combination of offline and online teaching mode adopted in English teaching today, effective planning and overall planning should be made for college English translation courses, and English translation teaching can be effectively promoted by offering various translation-related elective courses such as translation, interpretation, computer-assisted translation, comparative language and culture and translation theory.

The construction of "new liberal arts" needs to promote interdisciplinary integration, and the cross-integration of foreign languages and other disciplines is the only way to build "new liberal arts". The multi-level, multi-directional and multi-dimensional curriculum objectives and the multi-type curriculum derived from them integrate English language skills, English practical application, English culture, professional English, academic English and multi-disciplinary English-related courses into CET, so as to realize the diversification of personnel training objectives, meet the diverse needs of students and promote the construction of college English courses.

4.3. Innovative teaching methods

Reflecting the ability of thinking and cooperation through learning results, the cultivation and exercise of students' thinking and cooperation ability needs to be realized through the learning tasks carefully designed by teachers. At the same time, what runs through the links of "before class", "during class" and "after class" is the combination of AI and modern educational technology, which realizes the two-way empowerment of teachers and students (Figure 1).

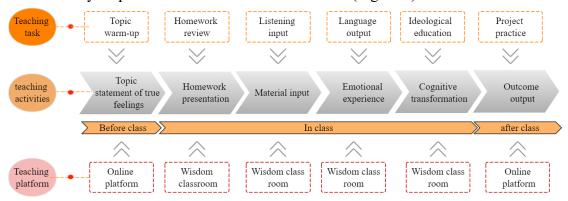


Figure 1 Teaching design of college English with two-way empowerment

Firstly, a set of perfect CET reform plan is put forward with "activating curriculum" as the core and "activating curriculum" as the core; Secondly, guided by the "student-oriented" educational thought, we will continue to carry out online and offline courses at home and abroad, and from the standpoint of students, we will constantly explore mixed education methods that meet their personal needs. Thirdly, integrate modern information technology into teaching, and notice the difference between information technology and traditional Chinese classroom teaching in teaching design, presentation and communication, so that students can improve their listening, speaking, reading and writing at the same time.

Flipping the foreign language punch card can enhance the communication and interaction between teachers across schools, enhance the communication and interaction between classes, and also enhance the group cohesion and class honor. Let the classroom come alive, implement collective lesson preparation, share resources, return to duty and initial heart, return to the essence of education, and realize the unity of "educating people and cultivating talents"

4.4. Innovative assessment system

In the concept of "new liberal arts", both subject progress and student progress are important indicators, which can reflect the final results of school teaching reform. The concept of "new liberal arts" education emphasizes students' final academic achievements and their ability to apply them continuously [10]. Based on this, the evaluation mechanism of this paper not only adopts the traditional assessment method of combining formative achievement with summative achievement, but also integrates the assessment of learners' "achievements" and "abilities".

The assessment of learning achievement is not only reflected in the consideration of students' scores. Compared with the summative assessment, formative assessment is mostly based on the increase of assessment items, but the conclusion is still based on the score. Whether the students' paper scores are improved or not can not fully reflect whether the students' learning ability has changed. Through topic discussion, knowledge sharing and oral speech, students' learning ability is reflected in their ability to collect and sort out data during the completion of results, their ability to cooperate in groups and their ability to judge the good from the bad.

To sum up, both subject assessment and student assessment are necessary safeguard measures, which are conducive to standardizing CET reform and thoroughly implementing the concept of "new liberal arts". Under the guidance of the educational concept of "new liberal arts", every learner's learning ability should be developed and improved in the acquisition of learning results.

5. Conclusions

With the development of "new liberal arts", the purpose of CET is no longer limited to cultivating students' language practical skills, but more concerned with their critical thinking and humanistic care. The construction of "new liberal arts" should be guided by interdisciplinary and knowledge integration, improve political stance, broaden development horizons, provide more comprehensive talents for the future development of the country, and inject new vitality into the new period and new development. Introduce the idea of "new liberal arts" into CET. With the development of "new liberal arts", the reform of CET is imminent. Under the new situation, we must constantly carry out reforms, develop in depth, develop in depth, and cultivate applied, compound and innovative talents.

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